



VELKOMMEN
GREAT TO SEE YOU!

For english version please
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SJEKK DITT BORDNUMMER

All mat og drikke bestilles og betales fra hoveddisken lengst til høyre fra inngangsdøren. Maten du ser i disk, lager vi fortløpende. Rettene fra kjøkkenet tar noen minutter å lage. Si derfor ifra om du vil ha rettene fra disk og kjøkken servert samtidig.

Retter fra kjøkkenet er merket med *

VÅR MENY INKLUDERER

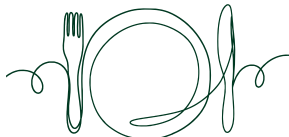
Et herlig økologisk drikkeutvalg, med et vinkart spesielt tilpasset vår plantebaserte meny



Smakfulle varmretter og friske salater fra disken.
Alltid dagens suppe og dagens rett til

89,- & 99,-

Digge toaster & burgere laget ala minute på kjøkkenet



Snacks, perfekt tilpasset vårt drikkeutvalg



All vår mat kan også kjøpes som takeaway.
Kanskje du har lyst på en salat til lunsj i morgen?



TOAST´S AND MORE

AVOKADOTOAST * 139,-
Økologisk surdeigsbrød, guacamole, tomat, kremet balsamico, koriander, plantebasert parmesan, spirer / hvete (gluten) / rug / sulfitter /

Tips, legg til kimchi for 49 kr

SKAGENTOAST * 139,-
Økologisk surdeigsbrød med en skagerøre basert på jackfrukt og kikerter. Toppet med crispy grønnkål. / hvete (gluten) / rug / selleri / sennep /

RØDBET-HUMMUSTOAST * 139,-
Økologisk surdeigsbrød, grønnkål, edamamebønner, syltet rødløk og sesamfrø / hvete (gluten) / rug / soya / sesam /

«CHICKEN» STYLE WRAP * 149,-
Rødbetwrap åpen og toppet med crispy "chicken" av åkerbønner og erter, hjertesalat, «parmesan» og en nøttebasert dressing. / hvete (gluten) / cashewnøtter / sennep / soya /

HUMMUS & FALAFEL * 139,-
Rødbethummus toppet med soltørket tomat, oliven & pitabrød. / hvete (gluten) / sesam /

SURDEIGSBRØD & AIOLI 59,-
/ hvete (gluten), rug i brød / sennep i aioli /

OVERNIGHT OATS MATCHA 79,-
Med glutenfrie havregryn, chiafrø, kokosmelk og matcha. Toppet med kokosyogurt, kokosflak, solsikkefrø og tranebær / soya /

OVERNIGHT OATS RASPBERRY BEETS 79,-
Med glutenfrie havregryn, chiafrø, kokosmelk og rødbete. Toppet med bringebær-chiasyltetø / soya /

SALATER

GRØNNKÅLSALAT 149,-
Eple, søtpotet, granateple, blåbær, valnøtter. Agave-senneps-dressing. / sennep / valnøtter /

QUINOA- OG LINSESALAT 149,-
Kikerter, mais, grønnkål, lilla blomkål, tranebær. Matcha-tahinidressing / sennep / sesamfrø /

«CHICKEN» STYLE CÆSAR SALAT 149,-
Hjertesalat, cherrytomater, rødløk, crispy "chicken" av åkerbønner og erter, røkte kokosflak og nøttebasert dressing, toppet med krutonger / hvete (gluten) / cashewnøtter / sennep / soya /
For glutenfri, be om uten krutonger

Ps; våre salater kan og kjøpes i halv porsjon. Perfekt som en sidesalat



VARME RETTER

- DAGENS SUPPE** 89,-
Sjekk disken
- DAGENS VARMRETT** 99,-
Sjekk disken
- TACOBOWL** 159,-
En gryte med bønner, planteproteiner av erter og tacokrydder i en tomatbasert saus. Med tortillachips, syltet rødløk, mais, lime, plantebasert ost og kokos yoghurt.
- Tips, legg til kimchi for 49 kr
- INDISK CURRY** 159,-
Med spinat, gresskar og kikerter i en fyldig saus basert på kokosmelk. Serveres med ris.
- GRØNNSAKSBOLLER** 159,-
Av erter med paprika, brokkoli, blomkål, rødløk, gulrot, sukkererter. Søt chilisaus. Serveres med ris.

*Barn under 12 år kan bestille halv porsjon av varmretter.

BURGERE

Norskprodusert fra Flowfood, basert på nordiske åkerbønner og erter

- CULTIVATE BURGER *** 149,-
Syltet rødløk, tomat, crispysalat, aioli.
/ hvete (gluten) / sesam / sennep /
- CHEEZY STYLE BURGER *** 169,-
Coleslaw, tomat, plantebasert cheddar, crispysalat, aioli.
/ hvete (gluten) / sesam / sennep /
- "CHICKEN" STYLE BURGER *** 169,-
Coleslaw, tomat, crispysalat, BBQ-dressing.
/ hvete (gluten) / sesam / sennep / selleri /
- TRØFFELBURGER *** 179,-
Soppragu, crispysalat, trøffelaioli.
/ hvete (gluten) / sesam / sennep / selleri /
- SØTPOTET FRIES *** 59,-
Tips, legg til aioli for 19,-



SHARING IS CARING 449,-

2 x tacobowl & pitcher med øl 0.8L
se allergener under retter

TASTING PLATTER * 849,-

6 stk halve avokadotoast, hummustoast & skaguntoast.
Søtpotetfries
& 1 flaske valgfri husets vin.
Passer for 2-3 personer.
se allergener under retter

SNACKS / ADD ON

- TAPAS PLATE** 149,-
Kjeks, oliven, fikenmarmelade, og veganske "spekepølser" og "fetaost"
/ hvete (gluten) / soya /
- KIMCHI** 49,-
Fra Empress. Villfermentert, upasteurisert og fylt med umami-smak og gode bakterier
- GUACAMOLE *** 49,-
- RØDBETHUMMUS *** 49,-
/ sesamfrø /
- TORTILLA CHIPS** 49,-
- WABBA** 69,-
Crunchy beans. Smaker:
Sea salt, Sriracha, Wasabi, Dark Chocolate, Cinnamon Bun & Cheddar Cheese
- RØKTE OG SALTEDE MANDLER** 49,-
- POPCORN** 39,-





SWEET TREATS

Sjekk disken for dagens utvalg

KANELBOLLE	59,-
/ rug (gluten) / hvete (gluten) /	
CROISSANT	59,-
/ rug (gluten) / hvete (gluten) /	
SITRONTERTE	69,-
Med sitronkrem og plantebasert marengs. Glutenfri.	
/ soya /	
BROWNIE	59,-
Med masse sjokolade. Glutenfri.	
/ soya /	
CRONUT	69,-
Doughnut-croissant. Toppet med sjokoladetrekk av 60-70 % kakao	
/ hvete (gluten) / nøtter / soya	
SJOKOLADETERTE	69,-
Tertebunn av dadler, havregryn og mandler. Toppet med kremet mørk sjokolade og et hint av espresso.	
Glutenfri.	
/ mandler /	
BERRY CAKE	69,-
Tertebunn av havre, mandler og dadler. Toppet med en mousse av skogsbær og cashewnøtter. Glutenfri	
/ mandler / cashewnøtter /	
CHOCOLATE CHIP COOKIE	49,-
Glutenfri.	
MATCHA COOKIE	49,-
Med hvit sjokolade. Glutenfri.	
/ pistasjenøtter /	
SJOKOLADETRØFFEL	19,-
Glutenfri.	
/ soya /	



KAFFE & TE

Velg mellom havremelk, soyamelk, mandelmelk og kokosmelk

SVART KAFFE	29,-
ESPRESSO / AMERICANO	39,-
CAPPUCCINO / CORTADO / FLAT WHITE	49,-
CAFÉ LATTE / IS-LATTE	59,-
CAFÉ MOCHA / IS-MOCCA	59,-
CHAI LATTE / ICED	59,-
Masala spice mix, sort te, kokosblomstsukker	
GOLDEN LATTE / ICED	59,-
Gurkemeie, ingefær, kanel, kardemomme, pepper, kokosblomstsukker	
PINK LATTE / ICED	59,-
Rødbetjuice, ingefær, kanel, kardemomme, kokosblomstsukker	
MATCHA LATTE / ICED	59,-
Matcha, kokosblomstsukker	
KAKAO	59,-
Kakao, kokosblomstsukker	
+ KREM	10,-
TE	49,-
velg mellom:	
Earl grey blå blomst / Svart darjeeling / Chai / Grønn sunny dance / Grønn longjing / Hvit mango /	
Koffeinfrie:	
Rooibos / Elm Energy Elixir / Elm Herbal Harmony / Elm Potion of Peace	



JUICE

EPLE DISCOVERY 59,-
Epleblomsten 0,25 l

EPLE & BRINGEBÆR 59,-
Epleblomsten 0.25 l

LYKKEBOBLER

VIBE BY VOE HIBISCUS 69,-
0,33 l

VIBE BY VOE LEMON LEMONBALM 69,-
0,33 l

VIBE BY VOE APPLE GREEN TEA 69,-
0,33 l

APPELSINBRUS 69,-
Lykki. 0,33 l

SITRONBRUS 69,-
Lykki. 0,33 l

COLA 69,-
Lykki. 0,33 l

EIRA SPARKLING WATER 59,-

FERMENTERT DRIKKE

STRAWBERRY & HIBISCUS KOMBUCHA 85,-
Empress. 0,33 l

BEETROOT KOMBUCHA 85,-
Empress. 0,33 l

GINGER KOMBUCHA 85,-
Empress. 0,33 l

VINALTERNATIV

MOONBREW 199,-
Empress. 0,75 l
Alkoholfri



ALKOHOLFRITT ØL

NADA PALE ALE 69,-
Klokk & Co. 0,33l
/ gluten /

RADLER LIME & MANGO 69,-
Klokk & Co. 0,33l
/ gluten /

GINGER BEER 69,-
Klokk & Co. 0,33.
/ gluten /

ØL & CIDER

TO ØL 45 DAYS ORGANIC PILSNER 89,-
0,4 l
/ bygg (gluten) /

ESPERANTO ORGANIC IPA 109,-
0,33 l
/ kan inneholde gluten /

BALADIN NAZIONALE 109,-
Glutenfri / 0,33 l

SAMUEL SMITH'S ORGANIC CIDER 109,-
0,35 l

FOXY GINGERBEER 109,-
Klokk & co 0,33 l



Alle våre viner er økologiske!

HVITVIN

CAMALEÃO LOUREIRO E ALVARINHO 99,- / 449,-
Frisk med smaker av epler, sitrus, pære og grønne urter.
Portugal / sulfitter /

JEAN PAUL BRUN CHARDONNAY 129,- / 599,-
Fruktig aroma av sitrus, epler og hint av smør.
Frankrike / sulfitter /

**GUSTAVE LORENTZ
BURG RIESLING** 149,- / 699,-
Aromatisk duft av mandarin, sitron og epler. Mineralsk med fin syre og god frukt.
Frankrike / sulfitter /

MÅNEDENS ANBEFALING 129,- / 599,-
Spør oss om månedens anbefaling

VINALTERNATIV

MOONBREW 199,-
Alkoholfri, Empress. 0,75 l

RØDVIN

TERRA VECCHIA NIELLUCCIU ROUGE 99,- / 449,-
Fruktig og frisk med smak av friske bær, krydder og urter
Frankrike / sulfitter /

**VIETTI BARBERA D'ALBA
TRE VIGNE** 129,- / 599,-
Aroma av modne kirsebær, moreller, hint av fioler og vanilje. Frisk, saftig, balansert med godt integrerte tanniner og lang ettersmak.
Italia / sulfitter /

**GUSTAVE LORENTZ PINOT
NOIR EVIDENCE** 149,- / 699,-
Fortryllende, harmonisk og balansert med toner av kirsebær og villsopp.
Frankrike / sulfitter /

MÅNEDENS ANBEFALING 129,- / 599,-
Spør oss om månedens anbefaling



ROSÉVIN

OLIVARES ROSADO 99,- / 449,-
Frisk aroma av jordbær, mandler og urter.
Frisk og saftig med god lengde. Tørr
Spania / sulfitter /

ORANSJEVIN

**GUSTAVE LORENTZ
QUI L'EUT CRU** 149,- / 699,-
Floral med innslag av mandarin, mandler, honning og krydder. Ren, fyldig og balansert. God lengde.
Frankrike / sulfitter /

MUSSERENDE

CONTESSA PROSECCO BRUT BIO 99,- / 449,-
Duft gyldne epler, pære og blomsterner av akasieblomst og syrer.
Smakfull, frisk, harmonisk og elegant.
Italia / sulfitter /

DRINKER / AVEC

MOSCOW MULE 149,-

HUGO SPRITZ 149,-

LIMONCELLO SPRITZ 149,-

APEROL SPRITZ 149,-

IRISH COFFEE 149,-

AQUAVIT 119,-

WHISKY 119,-

COGNAC 129,-

AMARULA VEGAN 119,-

PORTVIN 119,-



WELCOME GREAT TO SEE YOU!

CHECK YOUR TABLE NUMBER

All food and drinks are ordered and paid for from the main counter on the far right of the front door. We make the food you see in the counter continuously. The dishes from the kitchen take a few minutes to prepare. Therefore, let us know if you want the dishes from the counter and kitchen served at the same time.

Dishes from the kitchen are marked with *

OUR MENU INCLUDES

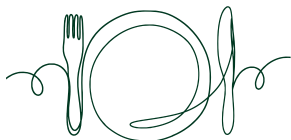
A wonderful selection of organic drinks, with a wine list specially adapted to our plant-based menu



Tasty hot dishes and fresh salads from the counter. Always soup of the day and the dish of the day

89,- & 99,-

Yummy toasts & burgers made ala minute in the kitchen



Snacks, perfectly adapted to our drink selection



All our food can also be bought as take away. Maybe you fancy a salad for lunch tomorrow?



TOAST'S AND MORE

AVOCADO TOAST * 139,-
Organic sourdough bread, guacamole, tomato, creamy balsamic, cilantro, plant-based parmesan, sprouts
/ wheat (gluten) / rye / sulfites /

SKAGEN TOAST * 139,-
Organic sourdough bread with a sea-inspired spread of jackfruit and chickpeas. Topped with crispy kale.
/ hvete (gluten) / rug / selleri / sennep /

BEETROOT HUMMUS TOAST* 139,-
Organic sourdough bread, kale, edamame beans, pickled red onion and sesame seeds
/ wheat (gluten) / rye / soy / sesame /

«CHICKEN» STYLE WRAP * 149,-
Beetroot wrap open and topped with crispy "chicken", heart salad, "parmesan" and a nut-based dressing.
/ wheat (gluten) / cashew nuts / mustard / soy /

HUMMUS & FALAFEL * 139,-
Beetroot hummus with sun-dried tomato, olives & pita bread.
/ wheat (gluten) / sesame /

SOURDOUGH BREAD & AIOLI 59,-
/ wheat (gluten), rye in bread / mustard in aioli /

OVERNIGHT OATS MATCHA 79,-
Gluten-free oatmeal, chia seeds, coconut milk and matcha. Topped with coconut yoghurt, coconut flakes, sunflower seeds and cranberries
/ soy /

OVERNIGHT OATS RASPBERRY BEETS 79,-
Gluten-free oatmeal, chia seeds, coconut milk and beetroot. Topped with raspberry-chia jam
/ soy /

SALADS

KALE SALAD 149,-
Apple, sweet potato, pomegranate, blueberry, walnuts. Agave mustard dressing.
/ mustard / walnuts /

QUINOA AND LENTIL SALAD 149,-
Chickpeas, corn, kale, purple cauliflower, cranberries. Matcha-tahini dressing
/ mustard / sesame seeds /

«CHICKEN» STYLE CAESAR SALAD 149,-
Heart salad, cherry tomatoes, red onion, crispy "chicken", coconut "bacon" and "parmesan", nut-based dressing, topped with croutons
/ wheat (gluten) / cashew nuts / mustard / soy /
For gluten-free, ask without croutons

PS; our salads can be bought in half portions. Perfect as a side salad



HOT DISHES

- SOUP OF THE DAY** 89,-
Have a look at the counter
- HOT DISH OF THE DAY** 99,-
Have a look at the counter
- TACOBOWL** 159,-
Plant-based "meat" made of peas, beans, taco sauce. With tortilla chips, pickled red onion, corn, lime, plant-based cheese and coconut yoghurt.
- INDIAN CURRY** 159,-
With spinach, pumpkin and chickpeas in a rich sauce based on coconut milk. Served with rice.
- VEGGIE BALLS** 159,-
With paprika, broccoli, cauliflower, red onion, carrot, sugar snap peas. Sweet chili sauce. Served with rice.

*Children under 12 can order half a portion of hot dishes, with the exception of lasagne.

BURGERS

Norwegian produced from Flowfood, based on nordic fava beans and peas

- CULTIVATE BURGER *** 149,-
Pickled red onion, tomato, crispy salad, aioli.
/ wheat (gluten) / sesame / mustard /
- CHEEZY STYLE BURGER *** 169,-
Coleslaw, tomato, plant-based cheddar, crispy salad, aioli.
/ wheat (gluten) / sesame / mustard /
- "CHICKEN" STYLE BURGER *** 169,-
Coleslaw, tomato, crispysalat, BBQ-dressing.
/ wheat (gluten) / sesame / mustard / celery /
- TRUFFLE BURGER *** 179,-
Mushroom ragout, crispy salad, truffle aioli.
/ wheat (gluten) / sesame / mustard / celery /
- SWEET POTATO FRIES *** 59,-



SHARING IS CARING 449,-

2 x tacobowl & pitcher with beer 0.8L
see allergens under dishes

TASTING PLATTER * 849,-

6 half avocado toast, hummus toast & skagen toast.
Sweet potato fries.
& 1 bottle of house wine. Choose between red, white or bubbles.
Suitable for 2-3 people.
see allergens under dishes

SNACKS

- TAPAS PLATE** 149,-
Crackers, olives, fig jam, vegan "sausages" and "feta cheese"
/ hvete (gluten) / soya /
- KIMCHI** 49,-
Fermented, unpasteurized and full of umami flavor and good bacteria
- WABBA** 69,-
Crunchy Beans. Flavors:
Sea Salt, Sriracha, Wasabi, Dark Chocolate, Cinnamon Bun & "Cheddar Cheese"
- SMOKED AND SALTED ALMONDS** 49,-
- POPCORN** 39,-
- TORTILLA CHIPS** 49,-
- GUACAMOLE *** 49,-
- BEETROOTHUMMUS *** 49,-
/ sesame seeds /





SWEET TREATS

Have a look at the counter for today's selection

CINNAMON BUN 49,-

/ rye (gluten) / wheat (gluten) /

CROISSANT 49,-

/ rye (gluten) / wheat (gluten) /

LEMON TART 69,-

With lemon cream and plant-based meringue.

Gluten free.

/ soy /

BROWNIE 59,-

With lots of chocolate. Gluten free.

/ soy /

CRONUT 69,-

Donut croissant. Topped with a chocolate layer of 60-70% cocoa

/ wheat (gluten) / nuts / soy

CHOCOLATE TART 69,-

Tart base of dates, oatmeal and almonds. Topped with creamy dark chocolate and a hint of espresso.

Gluten free.

/ almonds /

BERRY CAKE 69,-

Tart of oats, almonds and dates. Topped with a mousse of wild berries and cashew nuts. Gluten free

/ almonds / cashew nuts /

CHOCOLATE CHIP COOKIE 49,-

Gluten free.

MATCHA COOKIE 49,-

With white chocolate. Gluten free.

/ pistachios /

CHOCOLATE TRUFFLE 19,-

Gluten free

/ soya /



COFFEE & TEA

BLACK COFFEE 29,-

ESPRESSO / AMERICANO 39,-

CAPPUCCINO / CORTADO / FLAT WHITE 49,-

CAFÉ LATTE / ICE-LATTE 59,-

CAFÉ MOCHA / ICE-MOCCA 59,-

CHAI LATTE / ICED 59,-

Masala spice mix, black tea, coconut sugar

GOLDEN LATTE / ICED 59,-

Turmeric, ginger, cinnamon, cardamom, pepper, coconut sugar

PINK LATTE / ICED 59,-

Beetroot juice, ginger, cinnamon, cardamom, coconut sugar

MATCHA LATTE / ICED 59,-

Matcha, coconut sugar

HOT CHOCOLATE 59,-

Kakao, coconut sugar

+ WIPPED CREAM 10,-

ASSORTED TEA SELECTION 49,-

choose between:

Earl grey blue flower / Black darjeeling / Chai / Green sunny dance / Green longjing / White mango /

Caffeine-free:

Rooibos / Elm Energy Elixir / Elm Herbal Harmony / Elm Potion of Peace



Taste our wonderful organic drink selection!

JUICE

APPLE DISCOVERY 49,-
Epleblomsten 0,25 l

APPLE & RASPBERRY 49,-
Epleblomsten 0,25 l

SOFT DRINKS

VIBE BY VOE HIBISCUS 69,-
0,33 l. Sweetened with stevia

VIBE BY VOE LEMON LEMONBALM 69,-
0,33 l. Sweetened with stevia

VIBE BY VOE APPLE GREEN TEA 69,-
0,33 l. Sweetened with stevia

ORANGE SODA 69,-
Lykki. 0,33 l

LEMON SODA 69,-
Lykki. 0,33 l

COLA 69,-
Lykki. 0,33 l

EIRA SPARKLING WATER 59,-

FERMENTED DRINKS

STRAWBERRY & HIBISCUS KOMBUCHA 85,-
Empress. 0,33 l

BEETROOT KOMBUCHA 85,-
Empress. 0,33 l

GINGER KOMBUCHA 85,-
Empress. 0,33 l

WINE ALTERNATIVE

MOONBREW 199,-
Empress. 0,75 l
Alkohol free



NON-ALCOHOLIC BEER

NADA PALE ALE 59,-
Klokk & Co 0,33 l
/ may contain gluten /

RADLER LIME & MANGO 69,-
Klokk & Co 0,33 l
/ may contain gluten /

GINGER BEER 69,-
Klokk & Co 0,33 l
/ may contain gluten /

BEER & CIDER

TO ØL 45 DAYS ORGANIC PILSNER 89,-
0,4 l
/ barley (gluten) /

ESPERANTO ORGANIC IPA 109,-
0,33 l
/may contain gluten/

NATIONAL BALADIN 109,-
Gluten-free / 0.33 l

SAMUEL SMITH'S ORGANIC CIDER 109,-
0,35 l

FOXY GINGERBEER 109,-
Klokk & co 0,33 l



All our wines are organic!

WHITE WINE

CAMALEÃO LOUREIRO E ALVARINHO 99,- / 449,-
With flavors of apple, citrus, pear and green herbs.
Portugal / sulfites /

JEAN PAUL BRUN CHARDONNAY 129,- / 599,-
Fruity aroma of citrus, apples and hints of butter.
France / sulfites /

GUSTAVE LORENTZ BURG RIESLING 149,- / 699,-
Aromatic scent of tangerine, lemon and apples. Mineral with fine acidity and fruity balance.
France / sulfites /

WINE OF THE MONTH 129,- / 599,-
Ask us about the wine of the month

MOONBREW WINE ALTERNATIVE 199,-
Empress. 0,75 l
Alkohol free

RED WINE

TERRA VECCHIA NIELLUCCIU ROUGE 99,- / 449,-
Fruity with flavors of fresh berries, spices and herbs
France / sulfites /

VIETTI BARBERA D'ALBA THREE VINEYARDS 129,- / 599,-
Aroma of ripe cherries, morels, hints of violets and vanilla. Fresh, juicy, balanced with well-integrated tannins and a long aftertaste.
Italia / sulfitter /

GUSTAVE LORENTZ PINOT BLACK EVIDENCE 149,- / 699,-
Enchanting, harmonious and balanced with notes of cherry and wild mushrooms.
France / sulfites /

WINE OF THE MONTH 129,- / 599,-
Ask us about the wine of the month



ROSÉ WINE

OLIVARES ROSADO 99,- / 449,-
Fresh aroma of strawberries, almonds and herbs. Fresh and juicy with good length.
Spain / sulfites /

ORANGE WINE

GUSTAVE LORENTZ WHO WOULD'VE BELIEVED THAT 149,- / 699,-
Floral with touches of tangerine, almonds, honey and spices. Clean, rich and balanced. Good length.
France / sulfites /

SPARKLING

CONTESSE PROSECCO BRUT BIO 99,- / 449,-
Light straw yellow colour. Scent of golden apples, pear and floral notes of acacia flower and lilac.
Tasty, fresh, harmonious and elegant.
Italia / sulfitter /

DRINKS

MOSCOW MULE 149,-

HUGO SPRITZ 149,-

LIMONCELLO SPRITZ 149,-

APEROL SPRITZ 149,-

IRISH COFFEE 149,-

AQUAVIT 119,-

WHISKY 119,-

COGNAC 129,-

AMARULA VEGAN 119,-

PORT WINE 119,-