



VELKOMMEN GREAT TO SEE YOU!

For english version please
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SJEKK DITT BORDNUMMER

All mat og drikke bestilles og betales fra hoveddisken lengst til høyre fra inngangsdøren. Maten du ser i disk, lager vi fortløpende. Rettene fra kjøkkenet tar noen minutter å lage. Si derfor ifra om du vil ha rettene fra disk og kjøkken servert samtidig.

Retter fra kjøkkenet er merket med *

VÅR MENY INKLUDERER

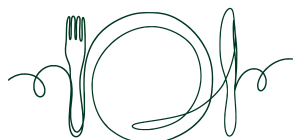
Et herlig økologisk drikkeutvalg, med
et vinkart spesielt tilpasset vår plantebaserte
meny



Smakfulle varmretter og friske salater fra disken.
Alltid dagens suppe og dagens rett til

99,- & 119,-

Digge toaster & burgere laget ala minute på
kjøkkenet



Snacks, perfekt tilpasset vårt drikkeutvalg



All vår mat kan også kjøpes som takeaway.
Kanskje du har lyst på en salat til lunsj i morgen?



TOAST´S AND MORE

AVOKADOTOAST * 149,-

Økologisk surdeigsbrød, guacamole med
hvite bønner for ekstra protein, cherry tomat, syltet
rødløk, kremet balsamico, spirer og chilliflak
/ hvete (gluten) / rug / sulfitter /

Tips, legg til kimchi og/eller scrambled tofu for 49 kr

SCRAMBLED TOFU TOAST * 149,-

Økologisk surdeigsbrød, scrambled tofu,
reddik, crispy salat og spirer.
/ hvete (gluten) / rug / soya / sennep /

RØDBETEHUMMUS TOAST * 149,-

Økologisk surdeigsbrød, grønnkål,
edamamebønner, syltet rødløk og sesamfrø
/ hvete (gluten) / rug / soya / sesam /

RØKE "LAX" TOAST * 149,-

Med røkt gulrot, miso, nori, kapers, dill og
plantebasert kremost.
/ hvete (gluten) / rug / soya /

Spør etter glutenfritt brød om du trenger det, +10kr

SCRAMBLED TOFU CROISSANT 149,-

Økologisk croissant, scrambled tofu,
reddik og crispy salat
/ hvete (gluten) / rug / soya / sennep /

«CHICKEN» STYLE WRAP * 179,-

Wrap med crispy "chicken" av åkerbønner og
erter, hjertesalat, cherry tomat, rødløk og en
nøttebasert dressing.
/ hvete (gluten) / cashewnøtter / sennep / soya /

HUMMUS & FALAFEL * 149,-

Rødbethummus toppet med soltørket tomat,
oliven & pitabrød.
/ hvete (gluten) / sesam /

SURDEIGSBRØD & AIOLI 69,-

/ hvete (gluten), rug i brød / sennep i aioli /



SALATER

ASIAN STYLE SALAD 159,-

Rødkål, agurk, gulrot, edamame, vårløk, sesamfrø og en asiatisk dressing med ingefær, hvitløk, chilli og tamari.

/ sesamfrø / soya /

GRØNNKÅLSALAT 159,-

Kikerter, eple, søtpotet, granateple, blåbær, valnøtter. Agave-senneps-dressing.

/ sennep / valnøtter /

QUINOA- OG LINESALAT 159,-

Mais, grønnkål, lilla blomkål, tranebær.

Tahinidressing

/ sennep / sesamfrø /

«CHICKEN» STYLE CÆSAR SALAT 169,-

Hjertesalat, cherrytomater, rødløk, crispy "chicken" av åkerbønner og erter, røkte kokosflak, nøttebasert dressing, toppet med krutonger

/ hvete (gluten) / cashewnøtter / sennep / soya /

For glutenfri, be om uten krutonger

Ps; våre salater kan og kjøpes i halv porsjon. Perfekt som en sidesalat

VARME RETTER

DAGENS SUPPE 99,-

Sjekk disken

DAGENS VARMRETT 119,-

Sjekk disken

GINGER TOFU STIR FRY 179,-

Tofu, paprika, brokkoli, aspargesbønner, sopp og løk i en ingefær-hvitløksglaze. Serveres med ris.

/ sesamfrø / soya /

TACOBOWL 179,-

En gryte med bønner, planteproteiner av erter og tacokrydder i en tomatbasert saus. Med tortillachips, syltet rødløk, mais, lime, plantebasert ost og kokos yoghurt.

Tips, legg til kimchi eller guacamole for 49 kr

INDISK CURRY 179,-

Med spinat, gresskar og kikerter i en fyldig saus basert på kokosmelk. Serveres med ris.



BURGERE

Norskprodusert fra Flowfood, basert på nordiske åkerbønner og erter. Spør etter glutenfritt brød om du trenger det, +10kr

CHEEZY STYLE BURGER * 179,-

Coleslaw, tomat, plantebasert cheddar, crispysalat, aioli.

/ hvete (gluten) / sesam / sennep /

“CHICKEN” STYLE BURGER * 189,-

Coleslaw, tomat, crispysalat, BBQ-dressing.

/ hvete (gluten) / sesam / sennep / selleri /

TRØFFELBURGER * 189,-

Soppragu, crispysalat, trøffelaioli.

/ hvete (gluten) / sesam / sennep / selleri /

SØTPOTETFRIES * 69,-

Tips, legg til aioli for 19,-

DIRTY FRIES 149,-

Økologiske fries, bbq, aioli, syltet rødløk, tomat og vårløk

/ soya / sennep / selleri /

SNACKS / ADD ON

KIMCHI 49,-

Fra Empress. Villfermentert, upasteurisert og fylt med umami-smak og gode bakterier.

SCRAMBLED TOFU * 49,-

PROTEINRIK / soya / sennep /

BAKTE KIKERTER * 49,-

PROTEINRIK

GUACAMOLE * 49,-

RØDBETHUMMUS * 49,-

/ sesamfrø /

TORTILLA CHIPS 49,-

WABBA 69,-

Crunchy beans. Smaker: Sea salt, Sriracha, Wasabi, Dark Chocolate, Cinnamon Bun & Cheddar Cheese

RØKTE OG SALTEDE MANDLER 49,-



SWEET TREATS

Vi har en variasjon av kaker gjennom uken. Sjekk disken for dagens utvalg. De du ser under har vi som regel fast.

KANELBOLLE	69,-
/ rug (gluten) / hvete (gluten) /	
CROISSANT	69,-
/ rug (gluten) / hvete (gluten) /	
SITRONTERTE	79,-
Med sitronkrem og plantebasert marengs. Glutenfri.	
/ soya /	
BROWNIE	69,-
Med masse sjokolade. Glutenfri.	
/ soya /	
CRONUT	69,-
Doughnut-croissant. Toppet med sjokoladetrekk av 60-70 % kakao	
/ hvete (gluten) / nøtter / soya	
SJOKOLADETRØFFEL	19,-
Glutenfri.	
/ soya /	



KAFFE & TE

Velg mellom havremelk, soyamelk, mandelmelk og kokosmelk

SVART KAFFE	29,-
ESPRESSO / AMERICANO	39,-
CAPPUCCINO / CORTADO / FLAT WHITE	49,-
CAFÉ LATTE / IS-LATTE	59,-
CAFÉ MOCHA / IS-MOCCA	59,-
CHAI LATTE	59,-
Masala spice mix, sort te, kokosblomstsukker	
GOLDEN LATTE / ICED	59,-
Gurkemeie, ingefær, kanel, kardemomme, pepper, kokosblomstsukker	
PINK LATTE / ICED	59,-
Rødbetjuice, ingefær, kanel, kardemomme, kokosblomstsukker	
MATCHA LATTE / ICED	59,-
Matcha, kokosblomstsukker	
STAWBERRY IS-MATCHA	69,-
PASJONSFRUKT IS-MATCHA	69,-
ADAPTOGEN KAKAO	79,-
Fra Myrvann	
KAKAO	59,-
Kakao, kokosblomstsukker	
+ KREM	10,-
TE	49,-
velg mellom:	

Earl grey blå blomst / Svart darjeeling / Chai / Grønn sunny dance / Grønn longjing / Hvit mango /

Koffeinfrie:

Rooibos / Elm Energy Elixir / Elm Herbal Harmony / Elm Potion of Peace



JUICE

EPLÉ 59,-
Epleblomsten 0,25 l

EPLÉ & BRINGEBÆR 59,-
Epleblomsten 0.25 l

LYKKEBOBLER

VIBE BY VOE HIBISCUS 69,-
0,33 l

VIBE BY VOE LEMON LEMONBALM 69,-
0,33 l

VIBE BY VOE APPLE GREEN TEA 69,-
0,33 l

APPELSINBRUS 69,-
Lykki. 0,33 l

SITRONBRUS 69,-
Lykki. 0,33 l

COLA 69,-
Lykki. 0,33 l

HYLLEBLOMSTBRUS 69,-
Lykki. 0,33 l

EIRA SPARKLING WATER 69,-

FERMENTERT DRIKKE

STRAWBERRY & HIBISCUS KOMBUCHA 85,-
Empress. 0,33 l

BEETROOT KOMBUCHA 85,-
Empress. 0,33 l

GINGER KOMBUCHA 85,-
Empress. 0,33 l

NQ FERMENTERT ISTE BLÅBÆR 69,-
Laget på rooibos. Koffeinfri.



VINALTERNATIV

MOONBREW 249,-
Empress. 0,75 l
Alkoholfri

BRUT 249,-
Empress. 0,75 l
Alkoholfri

ALKOHOLFRITT ØL

NADA PALE ALE 69,-
Klokk & Co. 0,33l
/ gluten /

RADLER LIME & MANGO 69,-
Klokk & Co. 0,33l
/ gluten /

GINGER BEER 69,-
Klokk & Co. 0,33.
/ gluten /

ØL & CIDER

45 DAYS ORGANIC PILSNER 99,-
0,4 l
/ bygg (gluten) /

ESPERANTO ORGANIC IPA 119,-
0,33 l
/ kan inneholde gluten /

BALADIN NAZIONALE 119,-
Glutenfri / 0,33 l

SAMUEL SMITH'S ORGANIC CIDER 119,-
0,35 l

FOXY GINGERBEER 119,-
Klokk & co 0,33 l



Alle våre viner er økologiske!

HVITVIN

CAMALEÃO LOUREIRO E ALVARINHO 119,- / 499,-

Frisk med smaker av eple, sitrus, pære og grønne urter.

Portugal / sulfitter /

MICHAEL AUER CHARDONNAY 149,- / 699,-

God friskhet og middels fylde.

Smak av eple, pære, sitron, lime og urter.

Østerrike / sulfitter

GUSTAVE LORENTZ 149,- / 699,-

BURG RIESLING

Aromatisk duft av mandarin, sitron og epler. Mineralsk med fin syre og god frukt.

Frankrike / sulfitter /

VINALTERNATIV

MOONBREW 249,-

Alkoholfri, Empress. 0,75 l

RØDVIN

ESTELMANN SPÄTBURGUNDER 1L 129,- / 599,-

Middels fyldig, leskende, god friskhet. Smak av røde bær, innslag av urter og blomster.

Tyskland / sulfitter

VIETTI BARBERA D'ALBA 149,- / 699,-

TRE VIGNE

Aroma av modne kirsebær, moreller, hint av fioler og vanilje. Frisk, saftig, balansert med godt integrerte tanniner og lang ettersmak.

Italia / sulfitter /

GUSTAVE LORENTZ PINOT 149,- / 699,-

NOIR EVIDENCE
Fortryllende, harmonisk og balansert med toner av kirsebær og villsopp.

Frankrike / sulfitter /



ROSÉVIN

OLIVARES ROSADO 119,- / 499,-

Frisk aroma av jordbær, mandler og urter.

Frisk og saftig med god lengde. Tørr

Spania / sulfitter /

ORANSJEVIN

BEDOBA ORANGE 149,- / 699,-

Utviklede og lagrede aromaer med smak av tørket eple, sopp, nøtter og honning.

Georgia / sulfitter

MUSSERENDE

CONTESSE PROSECCO BRUT BIO 119,- / 499,-

Duft gyldne epler, pære

og blomsternoter av akasieblomst og syrener.

Smakfull, frisk, harmonisk og elegant.

Italia / sulfitter /

DRINKER / AVEC

MOSCOW MULE 149,-

HUGO SPRITZ 149,-

LIMONCELLO SPRITZ 149,-

APEROL SPRITZ 149,-

IRISH COFFEE 149,-

AQUAVIT 129,-

WHISKY 129,-

COGNAC 129,-

AMARULA VEGAN 129,-

PORTVIN 129,-



WELCOME GREAT TO SEE YOU!

CHECK YOUR TABLE NUMBER

All food and drinks are ordered and paid for from the main counter on the far right of the front door. We make the food you see in the counter continuously. The dishes from the kitchen take a few minutes to prepare. Therefore, let us know if you want the dishes from the counter and kitchen served at the same time.

Dishes from the kitchen are marked with *

OUR MENU INCLUDES

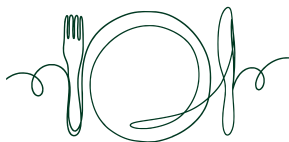
A wonderful selection of organic drinks, with a wine list specially adapted to our plant-based menu



Tasty hot dishes and fresh salads from the counter. Always soup of the day and the dish of the day

99,- & 119,-

Yummy toasts & burgers made ala minute in the kitchen



Snacks, perfectly adapted to our drink selection



All our food can also be bought as take away.
Maybe you fancy a salad for lunch tomorrow?



TOAST´S AND MORE

AVOCADO TOAST * 149,-

Organic sourdough bread, guacamole with white beans for extra protein, cherry tomato, pickled red onion, creamy balsamic, sprouts and chili flakes

/ wheat (gluten) / rye / sulfites /

Tip, add kimchi and/or scrambled tofu for 49 kr

SCRAMBLED TOFU TOAST * 149,-

Organic sourdough bread, scrambled tofu, radish, crispy lettuce and sprouts

/ wheat (gluten) / rye / soy / mustard /

BEETROOT HUMMUS TOAST * 149,-

Organic sourdough bread, kale, edamame beans, pickled red onion and sesame seeds

/ wheat (gluten) / rye / soy / sesame /

SMOKED "LAX" TOAST * 149,-

With smoked carrot, miso, nori, capers, dill and plant-based cream cheese.

/ wheat (gluten) / rye / soy /

Ask for gluten-free bread if you need it, +10kr

SCRAMBLED TOFU CROISSANT 149,-

Organic croissant, scrambled tofu, radish and crispy salad

/ wheat (gluten) / rye / soy / mustard /

«CHICKEN» STYLE WRAP * 179,-

Wrap with crispy "chicken", romaine lettuce, cherry tomato, red onion and a nut-based dressing.

/ wheat (gluten) / cashew nuts / mustard / soy /

HUMMUS & FALAFEL * 149,-

Beetroot hummus with sun-dried tomato, olives & pita bread.

/ wheat (gluten) / sesame /

SOURDOUGH BREAD & AIOLI 69,-

/ wheat (gluten), rye in bread / mustard in aioli /



SALADS

ASIAN STYLE SALAD	159,-
Red cabbage, cucumber, carrot, edamame, spring onion, sesame seeds and an Asian dressing with ginger, garlic, chilli and tamari. / sesame seed / soy /	
KALE SALAD	159,-
Chickpeas, apple, sweet potato, pomegranate, blueberry, walnuts. Agave mustard dressing. / mustard / walnuts /	
QUINOA AND LENTIL SALAD	159,-
Corn, kale, purple cauliflower, cranberries. Tahini dressing / mustard / sesame seeds /	
«CHICKEN» STYLE CAESAR SALAD	169,-
Romaine lettuce, cherry tomatoes, red onion, crispy "chicken", coconut "bacon" and a nut-based dressing, topped with croutons / wheat (gluten) / cashew nuts / mustard / soy / For gluten-free, ask without croutons	

PS; our salads can be bought in half portions. Perfect as a side salad

HOT DISHES

SOUP OF THE DAY	99,-
Have a look at the counter	
HOT DISH OF THE DAY	119,-
Have a look at the counter	
GINGER TOFU STIR FRY	179,-
Tofu, bell pepper, broccoli, green beans, mushrooms and onion in a ginger garlic glaze. Served with rice. / sesame seed / soy /	
TACOBOWL	179,-
Plant-based "meat" made of peas, beans, taco sauce. With tortilla chips, pickled red onion, corn, lime, plant-based cheese and coconut yoghurt.	
INDIAN CURRY	179,-
With spinach, pumpkin and chickpeas in a rich sauce based on coconut milk. Served with rice.	

*Children under 12 can order half a portion of hot dishes.



BURGERS

Norwegian produced from Flowfood, based on nordic fava beans and peas

CHEEZY STYLE BURGER *	179,-
Coleslaw, tomato, plant-based cheddar, crispy salad, aioli. / wheat (gluten) / sesame / mustard /	
"CHICKEN" STYLE BURGER *	189,-
Coleslaw, tomato, crispysalat, BBQ-dressing. / wheat (gluten) / sesame / mustard / celery /	
TRUFFLE BURGER *	189,-
Mushroom ragout, crispy salad, truffle aioli. / wheat (gluten) / sesame / mustard / celery /	
SWEET POTATO FRIES *	69,-
DIRTY FRIES	149,-
Organic fries, bbq, aioli, pickled red onion, tomato and spring onion / mustard / celery / soy	

SNACKS / ADD ON

KIMCHI	49,-
Fermented, unpasteurized and full of umami flavor and good bacteria	
SCRAMBLED TOFU *	49,-
PROTEIN-RICH / soy / mustard /	
BAKED CHICKPEAS *	49,-
PROTEIN-RICH	
TORTILLA CHIPS	49,-
GUACAMOLE *	49,-
BEETROOT HUMMUS *	49,-
/ sesame seeds /	
WABBA	69,-
Crunchy Beans. Flavors: Sea Salt, Sriracha, Wasabi, Dark Chocolate, Cinnamon Bun & "Cheddar Cheese"	
SMOKED AND SALTED ALMONDS	49,-



SWEET TREATS

We have a variety of cakes throughout the week. Check the counter for today's selection. The ones you see below are usually always available

CINNAMON BUN	69,-
/ rye (gluten) / wheat (gluten) /	
CROISSANT	69,-
/ rye (gluten) / wheat (gluten) /	
LEMON TART	79,-
With lemon cream and plant-based meringue.	
Gluten free.	
/ soy /	
BROWNIE	69,-
With lots of chocolate. Gluten free.	
/ soy /	
CRONUT	69,-
Donut croissant. Topped with a chocolate layer of 60-70% cocoa	
/ wheat (gluten) / nuts / soy	
CHOCOLATE TRUFFLE	19,-
Gluten free	
/ soya /	



COFFEE & TEA

BLACK COFFEE	29,-
ESPRESSO / AMERICANO	39,-
CAPPUCCINO / CORTADO / FLAT WHITE	49,-
CAFÉ LATTE / ICE-LATTE	59,-
CAFÉ MOCHA / ICE-MOCCA	59,-
CHAI LATTE	59,-
Masala spice mix, black tea, coconut sugar	
GOLDEN LATTE / ICED	59,-
Turmeric, ginger, cinnamon, cardamom, pepper, coconut sugar	
PINK LATTE / ICED	59,-
Beetroot juice, ginger, cinnamon, cardamom, coconut sugar	
MATCHA LATTE / ICED	59,-
Matcha, coconut sugar	
STRAWBERRY ICED -MATCHA	69,-
PASSION FRUIT ICED-MATCHA	69,-
ADAPTOGENIC COCOA	79,-
From Myrvann	
HOT CHOCOLATE	59,-
Kakao, coconut sugar	
+ WIPPED CREAM	10,-

ASSORTED TEA SELECTION	49,-
choose between:	

Earl grey blue flower / Black darjeeling / Chai /
Green sunny dance / Green longjing / White mango /

Caffeine-free:
Rooibos / Elm Energy Elixir / Elm Herbal Harmony /
Elm Potion of Peace



Taste our wonderful organic drink selection!

JUICE

APPLE	
59,-	
Epleblomsten 0,25 l	
APPLE & RASPBERRY	59,-
Epleblomsten 0,25 l	

SOFT DRINKS

VIBE BY VOE HIBISCUS	69,-
0,33 l. Sweetened with stevia	
VIBE BY VOE LEMON LEMONBALM	69,-
0,33 l. Sweetened with stevia	
VIBE BY VOE APPLE GREEN TEA	69,-
0,33 l. Sweetened with stevia	
ORANGE SODA	69,-
Lykki. 0,33 l	
LEMON SODA	69,-
Lykki. 0,33 l	
COLA	69,-
Lykki. 0,33 l	
ELDERFLOWER SODA	69,-
Lykki. 0,33 l	
EIRA SPARKLING WATER	69,-

FERMENTED DRINKS

STRAWBERRY & HIBISCUS KOMBUCHA	85,-
Empress. 0,33 l	
BEETROOT KOMBUCHA	85,-
Empress. 0,33 l	
GINGER KOMBUCHA	85,-
Empress. 0,33 l	
NQ FERMENTED ICED TEA BLUEBERRY	69,-
Made with rooibos. Caffeine-free.	



WINE ALTERNATIVE

MOONBREW	249,-
Empress. 0,75 l	
Alkohol free	
BRUT	249,-
Empress. 0,75 l	
Alkohol free	

NON-ALCOHOLIC BEER

NADA PALE ALE	69,-
Klokk & Co 0,33 l	
/ may contain gluten /	
RADLER LIME & MANGO	69,-
Klokk & Co 0,33 l	
/ may contain gluten /	
GINGER BEER	69,-
Klokk & Co 0,33 l	
/ may contain gluten /	

BEER & CIDER

45 DAYS ORGANIC PILSNER	99,-
0,4 l	
/ barley (gluten) /	
ESPERANTO ORGANIC IPA	119,-
0,33 l	
/may contain gluten/	
NATIONAL BALADIN	119,-
Gluten-free / 0.33 l	
SAMUEL SMITH'S ORGANIC CIDER	119,-
0,35 l	
FOXY GINGERBEER	119,-
Klokk & co 0,33 l	



All our wines are organic!

WHITE WINE

CAMALEÃO LOUREIRO E ALVARINHO 119,- / 499,-
With flavors of apple, citrus, pear and green herbs.
Portugal / sulfites /

MICHAEL AUER CHARDONNAY 149,- / 699,-
Good freshness and medium body.
Taste of apple, pear, lemon, lime and herbs.
Austria / sulfites

GUSTAVE LORENTZ 149,- / 699,-
BURG RIESLING
Aromatic scent of tangerine, lemon and
apples. Mineral with fine acidity and fruity balance.
France / sulfites /

MOONBREW WINE ALTERNATIVE 249,-
Empress. 0,75 l
Alkohol free

RED WINE

ESTELMANN SPÄTBURGUNDER 1L 129,- / 599,-
Medium-bodied, refreshing, good freshness.
Taste of red berries, hints of herbs and flowers.
Germany / sulfites

VIETTI BARBERA D'ALBA 149,- / 699,-
THREE VINEYARDS
Aroma of ripe cherries, morels, hints of
violets and vanilla. Fresh, juicy, balanced
with well-integrated tannins and a long aftertaste.
Italia / sulfitter /

GUSTAVE LORENTZ PINOT 149,- / 699,-
BLACK EVIDENCE
Enchanting, harmonious and balanced
with notes of cherry and wild mushrooms.
France / sulfites /



ROSÉ WINE

OLIVARES ROSADO 119,- / 499,-
Fresh aroma of strawberries, almonds
and herbs. Fresh and juicy with good length.
Spain / sulfites /

ORANGE WINE

BEDOBA ORANGE 149,- / 699,-
Developed and aged aromas with flavors
of dried apple, mushrooms, nuts and honey.
Georgia / sulfites

SPARKLING

CONTESSE PROSECCO BRUT BIO 119,- / 499,-
Light straw yellow colour. Scent of golden
apples, pear and floral notes of acacia flower
and lilac.
Tasty, fresh, harmonious and elegant.
Italia / sulfitter /

DRINKS

MOSCOW MULE 149,-

HUGO SPRITZ 149,-

LIMONCELLO SPRITZ 149,-

APEROL SPRITZ 149,-

IRISH COFFEE 149,-

AQUAVIT 129,-

WHISKY 129,-

COGNAC 129,-

AMARULA VEGAN 129,-

PORT WINE 129,-